Sensory Shopping

Your guide to shopping at **Promenades Shopping Centre**





Sensory Shopping at **Promenades Shopping Centre**

We have designed this guide to help you have a pleasant and fun visit to the centre, and feel safe and supported while you are here.

This guide has been set up into sections, to help you find the information you need before you visit, and while you are at the shopping centre. The page numbers and sections are listed below:



- Information on opening times
- How to get to Promenades Shopping Centre
- Getting into the shopping centre



When you are here:

- How we will support you
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Address:

Promenades Shopping Centre, Bridlington, YO15 2DX

- **t** 01262 401730
- w promenadesshoppingcentre.co.uk



Planning your visit: Information on opening times

The centre is open **7 days a week**, the opening times are below:



Planning your visit: Ways to travel to Promenades Shopping Centre



 Nearest car park is located on the Promenade. Enter postcode YO15 2QQ into your Sat Nav. The Promenades Shopping Centre is located a short 2 minute walk from this location



- When leaving Bridlington Station, follow the road to the end before turning right. At the junction walk down the road between **Iceland** and **HSBC** on to **Chapel street**
- Follow the road until you see The Promenades Shopping Centre on the right-hand side



• The Bus Station is situated next door to the Promenades Shopping Centre



Planning your visit: Getting into the shopping centre

You can enter the centre through 3 entrances



When you are here: **How we will support you**

lf you need help, any member of Promenades **Shopping Centre staff** can assist you

Tell a member of the team in the mall about the help you need

Visit the **Centre Management office** located outside down the side of **O2**



When you are here: What shops we have at the centre

Poundland

Heron Foods

Our most popular shops are:

Argos

Offers convenient shopping on a wide range of goods.

Located in the Promenade Mall.

Argos

Poundland

Amazing value general merchandise.

Located in the Bus Station Mall – opposite the toilets.

Sports Direct

Great value sports and fashion in top labels.

Located in the Atrium.

RTS DIRECT.

Heron X Amazing value groceries.

Located in the Chapel Street Mall.



When you are here: Floorplan

The floorplan to the centre is below. If you are struggling to find somewhere, please do ask any member of Promenades Shopping Centre Staff. A full list of our shops can be found at: **www.promenadesshoppingcentre.co.uk**



When you are here: **Places to eat**

There are many places for you to get food from within the shopping centre:



Burger King: Home of the Whopper and one of the most popular restaurants in the world, there is a great menu selection to satisfy your hunger. Located in Promenades Mall.



Jeromes:

Seats up to 80 people and offers a wide range of coffee, continental beers and wine, freshly made sandwiches and salads and pizza. There is also a great selection of ice cream. Located in the Atrium.



Greggs: A tasty range of sandwiches, pastries and sweets. Sit in or take away. Located in Chapel Street Mall.

Do you want to bring your own lunch?

Benches can be found in the mall as well as outside in Chapel street. Take time out to rest and have a bite to eat.



Is there a shop or eatery you would like to visit while at the shopping centre? Please use the space below if you would like to plan your visit:



When you are here: People you may see

While at the shopping centre, you may see the following people:





We welcome any feedback you may have about this guide.

Did you find it useful?

Is there anything that would have made your visit better?

Contact us:

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